

Peach Smoothies

**2 1/2 large or 3 medium, ripe, pitted, peeled peaches,
with fibrous core removed.**

1 tsp vanilla

1/2 cup sugar

1/2 cup milk

3/4 cup ice cream

1 1/2 cups cubed ice. (about 8-10 cubes)

I like to put the fruit in first, then the rest of the ingredients in any order. Blend at highest setting for 15 seconds. Stop, stir, and repeat until the entire mixture turns over well in the blender for 15-20 seconds. The idea is to ensure that all the ice cubes are pulverized. No need to stir the last time. Serve immediately and make sure Papa gets one. Yum-O! Serves about 6.